

# ECHINACEA

- TYPE:** Perennial
- SUN:** Full Sun
- HEIGHT:** 38 inches
- GROWING IT:** Rich well drained soil. Once established, they are very tolerant of a wide range of conditions. They are also frost tolerant.
- PARTS USED:** Roots.
- HARVEST:** Roots can be dried or powdered.
- MEDICINAL:** Immune boosting properties make it essential in the treatment of colds and influenza. Fresh roots can also be used to make an ointment for wounds and insect bites.
- OTHER:** Makes an excellent addition to the perennial border or herb garden. Also a beautiful cut flower.