

NIGELLA

- TYPE:** Perennial
- SUN:** Full Sun
- HEIGHT:** 1 to 2 feet
- GROWING IT:** Well drained soil.
- PARTS USED:** Seeds
- HARVEST:** Seedpods can be cut while they are still green for drying or allowed to dry on the plant. Seeds can be used whole or ground.
- CULINARY:** Widely used in Indian cuisines. Used as both a pepper substitute and a spice. Can be added to vegetables, breads, curries and lamb dishes.
- OTHER:** Seeds stored with clothing repels moths.