

PENNYROYAL

- TYPE:** Perennial
- SUN:** Full Sun to Partial Shade
- HEIGHT:** 4 to 6 inches
- GROWING IT:** Grows in various soil types. Best grown in a confined area or in containers. Always pinch tips to promote a compact growth.
- PARTS USED:** Leaves.
- HARVEST:** Whole plants are cut as flowering begins. Pinch or cut leaves during season and use fresh or dried as needed.
- CULINARY:** Leaves are added to sausages.
- AROMATIC:** Leaves added to potpourris.
- OTHER:** Repels insects such as ants. Also repels mice. Crushed leaves can be rubbed on the coat of your pet to help keep them flea-free.

