

# Moisture Tolerant Perennials

These plants tolerate extra-moist or boggy soils.  
Most of them also thrive in moderately moist conditions, and thus can be planted in  
a variety of soils. Those that tolerate standing water are marked (W).

**Aconitum** – Monkshood  
**Aegopodium** - Bishop's Weed  
**Alchemilla** - Lady's Mantle  
**Aquilegia** – Columbine  
**Aruncus** – Goatsbeard  
**Astilbe** - False Spirea  
**Athyrium filix-femina** - Lady Fern  
**Athyrium niponicum 'Pictum'** –  
Japanese Painted Fern  
**Baptisia australis** - False Indigo  
**Bergenia cordifolia** - Heartleaf Bergenia  
**Campanula** – Bellflower  
**Chelone lyonii** - Turtlehead (W)  
**Coreopsis rosea** - Rose Coreopsis  
**Dennstaedtia** - Hayscented Fern  
**Digitalis** - Foxglove  
**Eupatorium fistulosum** - Joe Pye Weed (W)  
**Filipendula spp** - Meadowsweet  
**Geranium sanguineum** - Blood-red Cranesbill  
**Helloborus orientalis** - Lenten Rose  
**Hemerocallis** - Daylily  
**Hosta** - Plantain Lily  
**Iberis** - Candytuft  
**Iris kaempferi** - Japanese Iris (W)  
**Liatris** - Gay-feather  
**Ligularia** - Senecio

**Lobelia cardinalis** - Cardinal Flower  
**Lysimachia clethroides** –  
Gooseneck Loosestrife (W)  
**Lysimachia nummularia** - Creeping Jenny (W)  
**Matteuccia** - Ostrich Fern (W)  
**Mertensia virginica** - Virginia Blue Bells  
**Monarda** - Bee Balm  
**Myosotis scorpioides** - Water Forget-Me-Not  
**Nepeta** - Catmint  
**Osmunda cinnamomea** - Cinnamon Fern (W)  
**Osmunda regalis** - Royal Fern (W)  
**Paeonia suffruticosa** - Tree Peony  
**Phlox maculata** - Wild Sweet William  
**Physostegia virginiana** – Obedient Plant  
**Polemonium** - Jacob's Ladder  
**Polygonum** – Knotweed  
**Polystichum acrostichoides** - Christmas Fern  
**Primula japonica** - Japanese Primrose  
**Pulmonaria** – Lungwort  
**Rodgersia** - Rodgersia (W)  
**Tiarella** - Foam Flower  
**Tradescantia** – Spiderwort  
**Tricyrtis** - Toad Lily