

FRESH NEVER FROZEN WHITE FISH CATCHES

HALIBUT

Mild, very sweet flavor, firm texture, and very lean.



HALIBUT CHEEKS

A true delicacy. Even sweeter and more tender than fillets. An almost scallop taste with a crab-like texture.



COD

TOP PICK
GREAT ALL AROUND FISH!

Mild, sweet, and firm with large flakes.



FLOUNDER

Mild, slightly sweet flavor, and a delicate flaky texture.



HADDOCK

TOP PICK
SLIGHTLY SWEET &
MORE DELICATE THAN
BOSTON BLUE!

Mild, hint of sweetness, delicate texture, and small flakes.



BOSTON BLUE (POLLOCK)

Mild, hint of sweetness, delicate texture, and small flakes. Used in our famous  fish fry.



TILAPIA

The mildest tasting fish there is!

SUSTAINABLY FARMED IN
THE FRESH WATERS OF
SOUTH AMERICA

